

EXPLORE THE NATURAL SIDE OF E.P. "TOM" SAWYER STATE PARK 2009 NATURE PROGRAMS

Volunteer Trail Work Day

Friday, March 27 from 12PM to 4PM. Meet in the gymnasium at 12PM.

The trails at EP "Tom" Sawyer State Park continually need maintenance to keep them in good shape for our walkers and joggers. Join us for an afternoon of removing low hanging limbs, eradicating invasive plants, and rebuilding eroded sections of the trail. Wear sturdy shoes, gloves, and warm clothing. Please call ahead to receive a volunteer application.

Spring Plants and Their Medicinal Qualities

Saturday, May 23 at 10AM. Meet at Gazebo near Sawyer-Hayes Community Center. Fee: \$2/person.

By the end of May, many plants have emerged from their winter slumber and begin to grow rapidly. We will explore the park on this hike revealing some of the edible and medicinal spring plants.

Frogs and Toads!

Saturday, June 13 at 7PM. Meet at Gazebo near Sawyer-Hayes Community Center. Fee: \$2/person.

Kentucky has 20 species of frogs and toads. We will hike over to the vernal pond and learn how to identify some of these frogs and toads by their calls and patterns. This is an early evening hike when many frogs are out calling.

What is Lurking in the Water?

Saturday, July 18 at 10AM. Meet at Picnic Grove across from Archery Range. Fee: \$2/person.

Streams are full of life that we often overlook. Join the E.P. "Tom" Sawyer staff as we investigate the depths of Goose Creek in search of the elusive aquatic life.

This Rocks!

Saturday, August 22 at 10AM. Meet at Picnic Grove across from Archery Range. Fee: \$2/person.

Louisville is located in a limestone karst topography. Join E.P. "Tom" Sawyer Staff as we examine the limestone karst features in the park and discuss how they formed.

Fall Flower Hike

Saturday, September 19 at 10AM. Meet at Shelter 3. Fee: \$2/person.

Everyone enjoys spring flowers in the spring, but what about fall flowers? Flowers are still in bloom as the lazy days of summer slip into the colorful days of fall. On this hike, we will identify these beautiful flowers of autumn.

Discover the First Americans

Saturday, October 17 from 10AM to 1PM in the gymnasium. Fee: \$2/person.

Do you ever wonder who lived in Kentucky before Daniel Boone arrived? Join us as we investigate the first people to live in Central Kentucky from as early as 12,000 years ago. We will have displays with information on prehistoric Native American groups, demonstrations of archaeological techniques, and crafts for the kids.

Volunteer Trail Work Day

Friday, November 13 from 12PM to 4PM. Meet in the gymnasium at 12PM.

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Central State Hospital History Hike

Saturday, November 21 at 10AM, and Sunday, November 22 at 2PM. Meet at Shelter 3. Fee: \$2/person

This hike will cover the existence of the Fourth Central State Hospital from 1873 to 1940. We will peruse the structural remains of the site and discuss how mental health care changed through time.

For more information call Jessica at the Recreation Office.

E.P. "Tom" Sawyer State Park

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